## DERMAPEN AFTER CARE

Following your procedure, you may experience:

- redness (can last a couple of days)
- heat
- slight swelling

- irregular bumps
- itching
- flaking (usually from day 3)

If symptoms persist for longer than 72 hours, please call your Dermapen Practitioner. Do not pick, squeeze, or agitate during the recovery period.

We advise that you do not make plans for the day/evening and simply allow your skin to recover. The following day you may resume your normal activities keeping in mind to avoid overly stimulating the area. Do not use colour stay make up (it is ideal to use the treatment foundation by Image Skincare) and only use the aftercare mentioned.

## Please avoid the following activities for up to 5 days following your treatment:

- Direct Ultraviolet Light
- Intense Cardio, exercise, or gym regimens
- Excessively hot saunas, showers, or spas.
- Spray tan or self-tanning
- Swimming in chlorinated pools or the ocean
- Tattooing (incl cosmetic Tattooing)

- Further Clinical Treatments for up to 2 weeks (incl but not limited to: Microdermabrasion, laser IPL, chemical peels, muscle relaxant injections or dermal fillers).

<u>Please avoid the use of skin care products containing any of the following active resurfacing ingredients for up to 5 days following a Dermapen Clinical Procedure:</u>

- AHA/ BHA (alpha hydroxy or beta hydroxy acid)
- Vitamin A: incl. tretinoin, retinol & retinaldehyde
- Benzoyl peroxide
- Hydroquinone
- Any skin care NOT normally used day to day (steroid creams, pawpaw etc) are prohibited.

## Dermapen After Care Cream:

Vitamin Rich Repair Cream- A replenishing solution that promotes intensive repair and structure. It visibly strengthens vulnerable complexions specifically formulated to boost Dermapen Treatment Results. Apply every few hours following your procedure. In your daily routine apply in the evening as a might moisturiser. RRP \$139

Your home care regime may be altered by your practitioner according to your individual needs and skin conditions. If you are in doubt about a specific product to use on your skin do not hesitate to reach out.

The evening of your procedure you are to apply and re-apply the Vitamin Rich Repair Cream to help ease the redness, heat, and tightness you are experiencing. This prescription product is created with dermal needling in mind, so are the only safe product to use for 5 days following your procedure. They are most beneficial to your skins recovery as they deliver nourishing elements deep into the skin's layers.

## IF YOU HAVE ANY QUESTIONS CONCERNING YOUR RECOVERY DO NOT HESITATE TO CONTACT ME- IF YOU DON'T TELL ME I CANNOT HELP YOU

