

## Dermapen Pre Treatment Preparation Information

This information is all you need to know regarding Dermapen preparation expectations for your procedure. Please read carefully, this is a clinical treatment and all the factors mentioned are non-negotiable. We would not want you arriving for your first Dermapen Treatment having NOT read this information and you be unable to go ahead with the treatment. Please spend the time viewing our website for more information regarding the Dermapen Treatment.

Contraindications: Dermapen Treatments are not suitable for patients experiencing the following:

- Papulopustular rosacea
- Acne Vulgaris stage 3 or 4
- Herpes Simplex
- Warts
- Scleroderma
- Bacterial/ Fungal infections
- Open Lesions
- Solar Keratosis
- Skin Cancer
- Haemophilia

Treatment Considerations. Assess patients' considerations prior to a Dermapen Treatment:

- Pregnancy
- Arrhythmia Medications
- Auto Immune Disorders
- Certain Medications (anti-depressants, anti-anxiety and anti-psychotic)
- Medical Aesthetic Treatments
- Clinical Aesthetic Treatments
- Sun Burn or Wind burn
- Skin that is depleted, not prepped or unwilling to follow home care advice.
- Topical Skin Care regime. (see list below, cease use 1 week prior)
- Patient unwell (cold, flu, virus, or on ANY temporary medications for a temporary illness)

If you have any of the above-mentioned listed conditions, please contact Bianca as this may deem you unfit for your scheduled appointment. As mentioned in the Dermapen Treatment Description on our website:

**“The Dermapen is designed to initiate and stimulate the body's own natural healing and regenerative response.”**

This means if you are unwell or taking specific medications that can lessen your body's response it may in turn affect your results.

Please follow the following steps to prepare your skin for your Dermapen treatment. If you fail to follow these steps it may reduce your results or even deem you unfit to have the treatment.

Most importantly your skin must be prepped 4 weeks prior to booking for a Dermapen Treatment. Clients who are advanced skin care users (regularly using a high-quality salon only skin care) are able to book in for a treatment. In saying this a DP client must also agree to using a Vitamin A product a month prior and the regular use of SPF each morning (Reapplication of this every 2 hours when intentionally in the sun). If you are concerned please read the document “Skin Fit- Prepped for Dermapen” to ensure you are a skin fit candidate. Prepped Skins- To qualify for a Dermapen Treatment your skin care professional will conduct a consultation on you prior to your booked Dermapen Treatment. This ensures you are an ideal candidate. Dermapen for your skin is like competing in a 20km marathon, and doing no training prior (not giving your skin the correct preparation at home) would result in a reduced outcome.

## Preparation product: Retinal Active Cream

An intense infusion of Vitamin A and a powerful combination of active ingredients. Vitamin A is the only specific vitamin that will correct DNA damage to make sure the skin is mutating a healthy cell. This cream combats damage from the sun and ageing while specifically rejuvenates and repairs the skin. This cream is the "Preparation Queen" and is a non-negotiable for specific skins prior to having Dermapen treatments.

Use at home- apply sparingly to face, neck and décolletage in the evening every 3 nights (for the first 2 weeks) to build up your skins tolerance. To be used for 4-6 weeks prior to a Dermapen Treatment and cease use 5 days before and after all clinical treatments. RRP \$130

It is very important to **stop** using the following 1 week before your treatment:

- Vitamin A products (all forms)
- AHA/BHA products (salicylic acid/ glycolic acid cleansers/creams, spot treatments)
- Skin Inject home care roller
- Blood thinning medication (aspirin, naproxen, ibuprofen. etc)
- Blood thinning herbal supplements (St John's wort, fish oils or essential fatty acid vitamins)

Special Considerations to be taken before and after Dermapen:

- Avoid sun burn, sun exposure, wind burn, chapped lips, hair color 4 days pre or post, facial waxing.
- Cold Sores- if you have the cold sore virus please take "Lysine" multi vitamins for a week prior to avoid a breakout as we want to treat over the lip line.
- Illness, blowing nose, sneezing, watering eyes, infectious diseases

The Dermapen treatment is stimulating your body's own healing process. If your health is compromised, it may impact your results and the recovery may take longer. Please advise me on any changes to your health if you are concerned, keeping in mind the salons 48hour cancellation policy stated on our website.

\* Scalp and hair line option- We are able to treat approximately 3-4 inches into your hair line to achieve a "Face Lift" effect. On the day of your procedure we ask that your hair be washed and dried like normal, and without leave in products. (No mouse, hair spray or serums). The Full face, Neck, Décolletage and hair line treatment is ideal for clients over the age of 30.

Directly following your procedure, you will experience redness, heat and a very slight swelling. We do advise that you don't make plans for the day/evening and simply allow your skin to recover. The following day you may resume your normal activities keeping in mind to avoid overly stimulating the area, please refer to the "Dermapen Post- Care Instructions" article which is available on our website or at the time of your appointment.